



# CIPTEC

COLLECTIVE INNOVATION FOR PUBLIC TRANSPORT

## Nudging people towards public transport

an experimentally tested intervention  
to increase public transport use

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- ✓ Problem
- ✓ Solution: nudging
- ✓ Examples of nudging in public transport
- ✓ Field experiment in Rotterdam
  - Design
  - Results
  - Practical side
- ✓ Discussion

# Problem

- ✓ How to encourage bus users in Rotterdam to take the bus more often?
- ✓ Without changing prices



Photo: Rick Keus

## ✓ Nudge:

- “[an intervention] that alters people’s behavior in a predictable way
- without forbidding any options or significantly changing their economic incentives.
- The intervention must be easy and cheap to avoid [for consumers].
- Nudges are not mandates.
  - Putting fruit at eye level = nudge.
  - Banning junk food ≠ nudge”

(Richard Thaler, 2017 Nobel Prize winner & Cass Sunstein)

## ✓ “Sfpark”

- Problem: almost 1/3<sup>rd</sup> of car traffic in San Francisco = drivers circling while looking for space

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  - Problem: almost 1/3<sup>rd</sup> of car traffic in San Francisco = drivers circling while looking for space
  - Intervention: online info on availability & rates
  - Intervention: variable rates -> each block, one space
- ✓ Results: average parking rates lower, availability improved, more PT use, less traffic, less CO2
- ✓ Cf.: displaying walk time to nearest PT station at heavy foot traffic places => people will consider taking PT before deciding to take car / taxi

# Examples: PT maps

- ✓ PT maps may differ from reality in terms of route length & directness
- ✓ Washington D.C.
  - Problem: shift demand from blue to yellow line for SW -> East travelling
  - Intervention: redesign map? (online experiment)



# Examples: PT maps

- ✓ How would you go from SW -> East?
  - Actual: 72.1% vs. least distorted: 74.7% take yellow line.



Map A



Map F

# Examples: PT maps

- ✓ How would you go from SW -> East?
  - Actual: 72.1% vs. optimal: 81.6% take yellow line



Map A



Map E

## ✓ Advantage:

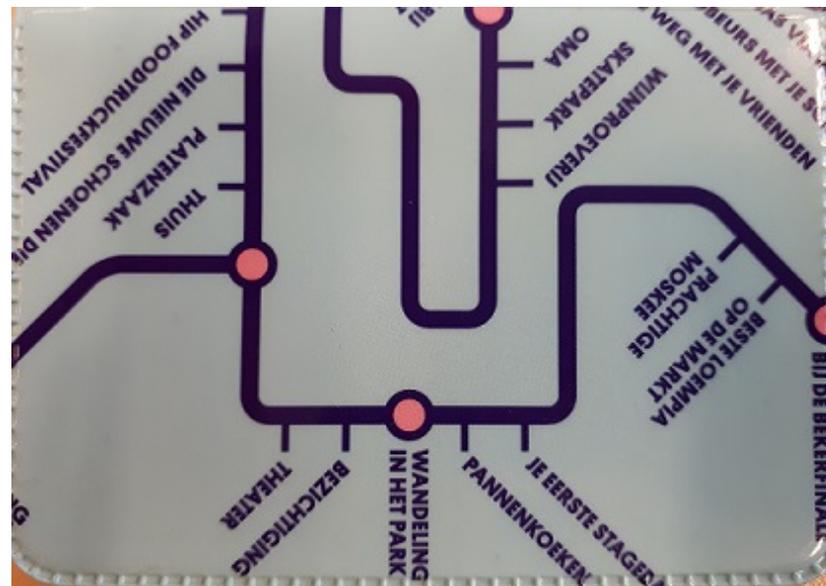
- Can have large effects on behavior...
- with a relatively cheap intervention (altering an existing and often arbitrary choice architecture) ...
- that doesn't require significantly changing economic incentives

## ✓ Disadvantage:

- Most often: small interventions -> small effects (but still high ROI)
- Does not significantly change economic incentives
- Justified or not, some people will identify nudge as manipulation / coercion

- ✓ Problem: How to encourage bus users to take the bus more often?
- ✓ Nudge = ‘social labelling’
  - making a statement about an individual's identity, with the aim of eliciting from the individual, behavior that is congruent with that identity
  - E.g., “taking the bus shows that you are an environmentally conscious citizen”

- ✓ Intervention: label people as environmentally friendly individuals on free travel card holders
- ✓ On six bus lines in Rotterdam
  - Three bus lines received **standard** card holder:



- ✓ Intervention: label people as environmentally friendly individuals on free travel card holders
- ✓ On six bus lines in Rotterdam
  - Three other bus lines received ‘**experimental**’ card holder:



- ✓ ‘experimental’ card holder:
  - distributed about 4000
  - designed by RET marketing team:
    - “Natúúrlijk ga ik met het OV. Doordeweeks of in het weekend, jij reist natuurlijk duurzaam”
    - “Naturally, I take public transport. During the week or during the weekend, you travel quite sustainably”
  - based on pre-test: message enhanced people’s perception of themselves as environmentally friendly



- ✓ Evaluation: intervention effective at increasing PT use?
- ✓ Measure: bus payment records that are created when people validate their ticket
  - Number of passengers per hour, per bus line
  - for approximately 21 months before the intervention and 1 month after the intervention
  - = about 13000 observations per bus line
- ✓ Post-intervention bus use – pre-intervention bus use larger on ‘experimental’ than on standard lines?

- ✓ Result:
  - Post - pre-intervention bus use **0.89% larger** on experimental than on standard lines (= **120 - 340 rides**)
  
- ✓ Small or large effect?
  - Intervention reached only 4000 or 6% of all passengers
  - Small intervention: merely a message
  
- ✓ Cost of intervention?

- ✓ Establishing the problem:
  - Encourage commuters to take bus for other purposes
- ✓ Designing the experiment:
  - Working with lab results to design message
  - Important not to mix control and experimental group
  - Travel card holders with message
  - Also for control group to rule out the influence of a gift
  - Picking bus lines with the same demographics

- ✓ **Intervention:**
  - Handing out the travel card holders
- ✓ **Measure:**
  - Obtaining bus payment records
- ✓ **From experiment to 'daily use' of nudging**
  - Ideas for using this message

- ✓ Social labelling = cost-effective intervention to increase public transport use



Photo: R. Utrecht

- ✓ Questions or comments?
- ✓ Experience with nudging that you would like to share?
- ✓ Would you be interested in implementing a similar intervention? What do you see as benefits & costs?
- ✓ Any other problems that you think could be solved with nudging?

✓ Thank you

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